


OVERCOMING PREJUDICE

A Physician's Journey Through **UNCONSCIOUS BIAS**



However, the sting of prejudice resurfaced when I was denied staff privileges at one of the local hospitals due to my ethnicity. This blatant exclusion fueled my determination. With perseverance, community support, and media attention, I secured staff privileges over four decades ago, proving that determination can overcome even deeply-rooted biases.



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The journey of a physician, especially one navigating the complex terrain of unconscious bias and discrimination, is rarely a linear path. It is a tapestry woven with threads of resilience, empathy, and unwavering dedication, each colored by unique experiences and personal reflections. As a physician who does not identify as white or black, my journey has been no different.

Throughout my career, I have encountered the subtle yet insidious presence of unconscious bias and

discrimination both as a recipient and a witness. These experiences, though painful, have shaped my perspective on the importance of fostering inclusivity and dismantling the barriers that prevent equitable healthcare for all.

One instance that stands etched in my memory is when a white patient refused my treatment solely based on my skin color. The sting of prejudice was sharp, but it fueled my resolve to advocate for fairness and equality within the medical field. However,