



Some 'Mind'ful Musings on Brahmayugam

Spoilers ahead. Please do not read this article if you haven't seen the movie Brahmayugam.

After hearing all the hype, I finally decided to bite the bullet and see Brahmayugam. After all, which Malayali can ignore a good 'Muthassikadha' movie? In this age of all the different ways you can shoot a movie with your smartphone camera, it was a bummer to see a movie in monochrome. But then I was hooked within the first few minutes of the movie. The movie was a good watch, and I got my money's worth.



Gopal Kumar Rakesh

Before Brahmayugam, Malayalam cinema had movies with interesting psychological aspects. Manichitrathazhu is a good example; it continues to have its moment in the sun depicting dissociative identity disorder. Thaniyavarthanam portrayed the genetic inheritance of mental illness. Recently, we have had a few more, like Munnariyippu, Joji, and North 24 Kaatham, portraying schizotypal traits, antisocial traits, and autistic spectrum disorders, respectively.

I praised the director and the actors to my wife, who suffered through listening to my endless droning about the movie. Over the next few days, I pondered the movie's depiction of power and destiny. As a psychiatrist, it is tough not to look for interesting behavioral threads and psychological facets in any movie.

Before Brahmayugam, Malayalam

cinema had movies with interesting psychological aspects. Manichitrathazhu is a good example; it continues to have its moment in the sun depicting dissociative identity disorder. Thaniyavarthanam portrayed the genetic inheritance of mental illness. Recently, we have had a few more, like Munnariyippu, Joji, and North 24 Kaatham, portraying schizotypal traits, antisocial traits, and autistic